

# KI MARTIAL ARTS SURVIVAL SYSTEMS

## Red / Brown Belt test

### Prerequisite

**A.** to Test must have a minimum of 18 months or verification of 190 training sessions with at least 190 hours or 190 hours in training sessions of experience including 5 months as Blue belt or equivalent. ( *Note the months of training or time in rank may be waived if the student has equal amount of training hours and sessions in a shorter period of time—students not meeting the session and/are hour requirements will need additional session to meet the requirements*)

**B.** Must be recommended by instructor based on all skill levels

**C.** Energy applications: (Verify completion pre Martial Arts test- these carry a separate certificate of competency but are required to be eligible to test for MA rank in Ki Survival Systems)

- Reading assignments
- Demonstrate a new Qi Gong and a complete new healing technique
- Turn in assigned paper and demo any special techniques assigned
- Meridian tracing based on time of day
- Demo & explain two aura expansion techniques
- Assigned Qi Gong
  1. Form grade 1 \_\_\_ grade 2 \_\_\_ Grade 3 \_\_\_

**D.** Must demonstrate ability to throw 180 full power punches into a heavy with-in one minute be eligible to test

**E.** Must demonstrate ability to throw 30 full power kicks in a one-minute round on heavy bag

**F.** Pass the student performance evaluation

## Sensei's Approved for testing students

Grand Master Tom Mount - Master John Timinsky- Master Pete Canzonetta  
Master Kent Bonde- Master Joseph Dituri - Instructor Jordin Timinsky

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Address** \_\_\_\_\_ **City** \_\_\_\_\_  
**State** \_\_\_\_\_ **Zip** \_\_\_\_\_ **Phone** \_\_\_\_\_ **Email** \_\_\_\_\_

**Evaluator 1** \_\_\_\_\_ **Score** \_\_\_\_\_ **Evaluator 2** \_\_\_\_\_ **Score** \_\_\_\_\_ **Evaluator 3** \_\_\_\_\_ **Score** \_\_\_\_\_

*Average score* \_\_\_\_\_ *Passed* \_\_\_\_\_ *Provisional* \_\_\_\_\_ *Failed* \_\_\_\_\_

( *Scoring is on a 0 to 100% method Pass ave of 80 % +,Provisional ave. 70% +, Fail ave. 70 % or below*)

I. Forms: Average score from Forms \_\_\_\_\_  
Grading in 1. Technical (includes stance), 2. Style (artistic), 3. Knowledge  
Form \_\_\_\_\_ grade 1 \_\_\_ grade 2 \_\_\_ Grade 3 \_\_\_  
Form \_\_\_\_\_ grade 1 \_\_\_ grade 2 \_\_\_ Grade 3 \_\_\_

II. Fighting (3-2 minute rounds, to pass a round at least 4 techniques must be Landed with significant controlled impact,

- 1 rd. kick boxing / MuayThai / HKD
- 1 rd. feet only
- 1 round hands only

Grading 1. Total number of techniques landed, 2. Defense technique, 3. Combinations, 4. Crispness of technique Average score from the three rounds \_\_\_\_\_

1. Round 1 \_\_\_\_\_ Grade 1 \_\_\_ Grade 2 \_\_\_ Grade 3 \_\_\_ Grade 4 \_\_\_  
2. Round 2 \_\_\_\_\_ Grade 1 \_\_\_ Grade 2 \_\_\_ Grade 3 \_\_\_ Grade 4 \_\_\_  
3. Round 3 \_\_\_\_\_ Grade 1 \_\_\_ Grade 2 \_\_\_ Grade 3 \_\_\_ Grade 4 \_\_\_

- III. Chi (4 techniques) Average score \_\_\_\_\_
- Skill Push staff holder with staff in students solar plexus back ward Grade \_\_\_\_\_
  - Ability to use arm and hold off the pushing of two people Against arm and then to do movement to regain arm Placement and still hold off those pushing Grade \_\_\_\_\_
  - Ability to use Chi and be lifted by head and feet and remain At least 80% level Grade \_\_\_\_\_
  - Skill of students choice Grade \_\_\_\_\_

- IV. Survival orientated Self Defense Average score \_\_\_\_\_  
 (must be of a nature **to disable or seriously injure an attacker**, at Least one knife - two Chi / HKD technique and two Dim Mak technique must be included in addition to normal (punch-kick) SD techniques  
*(Note! To encourage student originality and effectiveness combined with developing technique that compliments their mental - physical – personality and coordination capabilities student personal development of SD skills used 93 max on test- grade on these student design techniques rather than a taught one will get a 05%(maximum of 10% can be used to add to final exam score) extra bonus point the student may elect to use on final overall evaluation score of the Red Belt /Brown belt test example if a student had a final overall grade of 75% by using the 05% this could increase the final grade to 80% thus bring the student from a provisional score to a passing score bring )*

Grading on 1. Effectiveness of defense, 2. Technical 3. Quickness

- SD 1 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_  
 SD 2 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_  
 SD 3 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_  
 SD 4 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_  
 SD 5 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_  
 SD 6 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_  
 SD 7 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_

- V. Skill Development Average score \_\_\_\_\_  
 At least 6 techniques will be demonstrated by student three of which they chose and three will be assigned
1. \_\_\_\_\_ Sc.\_\_\_\_, 2. \_\_\_\_\_ Sc.\_\_\_\_, 3. \_\_\_\_\_ Sc.\_\_\_\_,  
 4. \_\_\_\_\_ Sc.\_\_\_\_, 5. \_\_\_\_\_ Sc.\_\_\_\_, 6. \_\_\_\_\_ Sc.\_\_\_\_

- VI. Breaks Average score \_\_\_\_\_  
 Grading 1. Break completed 2. Technique, 3. Focus \_\_\_\_\_
2. Break 1 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_  
 3. Break 2 \_\_\_\_\_ Grades 1 \_\_\_ 2 \_\_\_ 3 \_\_\_

Student signature \_\_\_\_\_ Evaluator Initials \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ Date \_\_\_\_\_

Guest evaluator if any \_\_\_\_\_ Observation comments \_\_\_\_\_

Evaluator comments below and on back of page if any -